

## CONTACT

(646) 413-8458 gabbyfrolov@gmail.com www.gabrielleling.com

#### SKILLS

Adobe Photoshop Adobe Illustrator Adobe InDesign Procreate Figma Slack **Digital Design Email Design** Logo Design Web Design Illustration Graphics **Google Suite** Typography Copywriting **Project Management** Schedule Management Yoga Pilates

## EDUCATION

Texas Wesleyan University B.A. in Political Science Minor in English August 2008 - May 2011

### CERTIFICATIONS

200 Hour Yoga Teacher Certification August 2016 (Current)

Pilates Mat Teacher Certification August 2016 (Current)

# **GABRIELLE LING**

# Graphic Designer | Illustrator

Creative professional transitioning into graphic design, bringing over 10 years of administrative precision and organizational expertise. Delivered projects in brand identity, digital design, and UX, focusing on producing user-centered solutions while leveraging visual storytelling to communicate brand narratives for industries such as skincare, wellness, and technology.

# EXPERIENCE

#### Graphic Designer | Freelance

March 2024 - Present

- Mila Moursi (Skincare Brand): Created 15+ visually cohesive email designs and animations, enhancing brand aesthetics and customer engagement.
- Beyond Fresh (Health & Wellness): Designed Instagram posts, promotional emails, and website elements, optimizing for platform-specific engagement and brand alignment. Website visits in August 2024 increased by 83% in comparison to previous year.
- Referendum (App): Shaped brand identity by refining the logo, icons, color scheme, and style guide; collaborated on wireframes, sign-up flow, and overall user experience. Designed website components and illustrated key elements.

#### Executive Administrative Assistant | EmPRO Insurance Co.

March 2022 - November 2024

- Managed 10+ executive calendars and communications, overseeing complex scheduling, prioritizing high-level meetings, coordinating travel arrangements, and facilitating client interactions to ensure seamless and efficient operations.
- Created polished presentations and reports, utilizing Microsoft Office to provide high-quality, client-ready documents.
- Streamlined office operations and vendor relations, supporting smooth workflow and clear interdepartmental communication.
- Coordinated with over 6 cross-functional teams, including finance, claims,
- actuarial, education, risk management, and marketing, serving as a primary liaison for visitors, clients, and stakeholders.

#### Physical Therapy Aide | Scarsdale Physical Therapy

October 2021 - May 2022

- Collaborated with physical therapists to develop and implement individualized exercise plans for over 30 patients weekly, enhancing patient engagement and improving recovery times.
- Streamlined inventory management processes for therapeutic equipment, ensuring 100% availability of necessary supplies.

#### Yoga/Pilates Mat Instructor | Yoga Haven

August 2016 - April 2022

- Led 3-4 weekly multi-level studio yoga classes, with a personalized approach, blending Vinyasa flow with Pilates for enhanced physical and mental well-being.
- Delivered individualized recommendations that addressed unique client goals while fostering engagement; resulted in a measureable improvement in participant loyalty demonstrated by consistent attendance records maintained monthly.